CHILLIWACK INVITATIONAL

**CROSS COUNTRY MEET,Wednesday October 24**

**Island 22 – Chilliwack**

**All schools in Chilliwack and out of district are invited to attend.**

### SCHEDULE

**3:30 Grade 6&7 Boys & Girls Race 3 km**

**4:00 Grade 8, 9, 10 Boys and Girls Race 4.2 km**

**4:30 Sr.Girls & Sr.Boys Race 5.2 km**

### ATHLETE IDENTIFICATION

**No need to sign up ahead of time however, all runners should have a sticker on their singlet that states their full name, school, grade, and Male or Female on it. Please use a waterproof pen and write clearly (it would be very helpful if coaches did this instead of leaving it to the athletes so that the names are legible). Stickers must be worn in the race and will be removed at the finish line by a volunteer official (the finish line is pretty crazy so we cannot guarantee you will be on the results if you do not have a legible sticker).**

### AWARDS & TEAM SCORING

**We will give ribbons to the top 20 in each category. Top 4 runners will count for team score, lowest score wins (we will not be using displacement). Grade 8 results will be separated, top 20 grade 8’s will get a ribbon along with top grade 8 team.**

### COST

The cost is $4.00 per athlete. In district schools please make arrangements you’re your business manager for an electronic payment to be send to Chilliwack Secondary School. Out of district athletes please cash or cheque payable to Chilliwack Secondary School. Receipts will be available.

### FACILITIES

The course covers gravel roads, dirt paths & grassy fields. It can be wet and muddy. There is no running water, no change rooms and limited washroom facilities.

### CONTACT

**Susan Northey, Chilliwack Secondary School, sue\_northey@sd33.bc.ca**