

# 2018 FV HS XC CHAMPIONSHIPS

Aldergrove, BC

Aldergrove Park

October 17, 2018



OFFICIAL MEET REPORT

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**Race #1**  
**MEN & WOMEN (Gr. 8) • 3 Kilometers (1.86 Miles) Men's**

## Final Results

### TEAM SCORING SUMMARY

#### Men's

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Vedder Middle School	8	1-2-5	35:18	11:46	1:22.5
2 St. John Paul II Academy	25	3-7-15(19)(27)	39:20	13:07	2:25.4
3 Walnut Grove	26	4-10-12	39:05	13:02	1:30.7
4 Panorama Ridge	37	8-9-20	42:12	14:04	2:47.0
5 MEI Middle School	44	6-17-21(23)	43:24	14:28	3:12.3
6 WRCA	51*	13-14-24	45:24	15:08	3:34.8
7 Semiahmoo	51*	11-18-22	45:23	15:08	2:23.9
8 Elgin Park	67	16-25-26	50:04	16:42	3:07.3

#### \*Tiebreakers

WRCA	13	14	Semiahmoo	11
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### INDIVIDUAL RESULTS

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
1 LEE, Caiden	2620	SAIL	-	10:41.79	5:45.0	3:33.9
2 HUMENIUK, Isaac	1657	Langley Christian	-	10:59.98	5:54.8	3:40.0
3 LEROUX, Nathaniel	2749	Vedder Middle Sch	1	11:04.13	5:57.1	3:41.4
4 EDWARDS, Troy	2828	Yorkson Creek	-	11:13.52	6:02.1	3:44.5
5 BAKER, Mekai	2717	Tamanawis	-	11:16.69	6:03.8	3:45.6
6 MULLER, Adam	1515	Eugene Reimer Mid	-	11:32.89	6:12.5	3:51.0
7 LAU, Trenton	2692	Southpointe Acade	-	11:40.63	6:16.7	3:53.5
8 SHEA, Ryan	2754	Vedder Middle Sch	2	11:46.74	6:20.0	3:55.6
9 ELSHOF, John	1445	Brookwood Secon	-	11:53.56	6:23.6	3:57.9
10 GOOSEN, Quinn	2876	Highroad Academy	-	11:54.90	6:24.4	3:58.3
11 KING, Will	2714	St. John Paul II Aca	3	12:00.95	6:27.6	4:00.3
12 MCCALLUM, Nolan	2929	Lord Tweedsmuir	-	12:02.33	6:28.3	4:00.8
13 GUNNICK, Andrew	1483	Credo Christian Hig	-	12:06.81	6:30.8	4:02.3
14 STELNICKI, Thomas	2791	Walnut Grove (1)	4	12:07.90	6:31.3	4:02.6
15 CRAM, Ty	1656	Langley Christian	-	12:20.75	6:38.2	4:06.9
16 SHEA, Jasper	2753	Vedder Middle Sch	5	12:26.60	6:41.4	4:08.9
17 GURMAN, Dhatt	1555	Enver Creek	-	12:35.77	6:46.3	4:11.9
18 HATHAWAY, Jase	1668	MEI Middle School (	6	12:41.45	6:49.4	4:13.8
19 TURNBULL, Connor	2951	Maple Ridge Secon	-	12:49.99	6:54.0	4:16.7
20 BERNER, Marcus	2711	St. John Paul II Aca	7	12:52.13	6:55.1	4:17.4
21 ROCKY, Saini	1556	Enver Creek	-	13:03.45	7:01.2	4:21.1
22 PETERS, Jack	1748	Panorama Ridge (1	8	13:04.42	7:01.7	4:21.5
23 KRYS, Darian	1620	G.W. Graham	-	13:06.04	7:02.6	4:22.0
24 VANLAAR, Braiden	1486	Credo Christian Hig	-	13:10.60	7:05.1	4:23.5
25 DAVIS, Caden	1742	Panorama Ridge (2	9	13:16.04	7:08.0	4:25.3
26 BERRETH, Tanner	2756	Walnut Grove (2)	10	13:17.59	7:08.8	4:25.9
27 LEBL, Jacob	2992	Semiahmoo (1)	11	13:37.92	7:19.7	4:32.6
28 LEAVITT, Tommy	2777	Walnut Grove (3)	12	13:38.57	7:20.1	4:32.9
29 SLOFSTRA, Colin	2823	WRCA (1)	13	13:46.81	7:24.5	4:35.6

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**Race #1**  
**MEN & WOMEN (Gr. 8) • 3 Kilometers (1.86 Miles) Men's**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
30 CORDOBA, Kian	2827	Yorkson Creek	-	14:01.42	7:32.4	4:40.5
31 CONNOR, Duncan	1691	Mount Slesse Middl	-	14:04.10	7:33.8	4:41.4
32 GILL, Angad	1772	Queen Elizabeth	-	14:12.45	7:38.3	4:44.1
33 LIU, Leo	2815	WRCA (2)	14	14:15.26	7:39.8	4:45.1
34 JONES, Marcus	2842	Betty Gilbert Middle	-	14:23.91	7:44.5	4:48.0
35 MARR, Sean	1430	A.D. Rundle	-	14:24.81	7:44.9	4:48.3
36 BORKOWSKI, John	2712	St. John Paul II Aca	15	14:26.25	7:45.7	4:48.7
37 CHEN, Shawn	1517	Elgin Park (1)	16	14:37.03	7:51.5	4:52.3
38 CAO, Charleson	2691	Southpointe Acade	-	14:39.56	7:52.9	4:53.2
39 NICKEL, Elijah	1671	MEI Middle School (	17	14:48.09	7:57.5	4:56.0
40 ABERNETHY, Zach	2919	Lord Tweedsmuir	-	14:58.23	8:02.9	4:59.4
41 SIDHU, Herman	1786	Queen Elizabeth	-	15:08.75	8:08.6	5:02.9
42 MARR, Riley	1429	A.D. Rundle	-	15:22.34	8:15.9	5:07.4
43 TOPOROWSKI, Finn	3814	Semiahmoo (2)	18	15:42.48	8:26.7	5:14.2
44 DAYRIT, TajSTJP	2713	St. John Paul II Aca	(19)	15:45.32	8:28.2	5:15.1
45 DONOHUE, Jack	1744	Panorama Ridge (3	20	15:51.39	8:31.5	5:17.1
46 RATCLIFF, Harrison	1673	MEI Middle School (	21	15:53.68	8:32.7	5:17.9
47 ALSTAD-JONES, Markus	2979	Semiahmoo (3)	22	16:01.75	8:37.1	5:20.6
48 NICKEL, Nathan	1672	MEI Middle School (	(23)	16:02.50	8:37.5	5:20.8
49 TAIOR-HUNT, ryder	2657	South Delta	-	16:17.14	8:45.3	5:25.7
50 RHU, Henry	2821	WRCA (3)	24	17:21.59	9:20.0	5:47.2
51 HEIN, Nico	1522	Elgin Park (2)	25	17:42.66	9:31.3	5:54.2
52 SU, Jonathan	1526	Elgin Park (3)	26	17:44.23	9:32.2	5:54.7
53 LIFVENBORG, Alexander	2715	St. John Paul II Aca	(27)	19:25.82	10:26.8	6:28.6

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**Race #1**  
**MEN & WOMEN (Gr. 8) • 3 Kilometers (1.86 Miles) Women's**
**Final Results****TEAM SCORING SUMMARY****Women's**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
<b>1 Vedder Middle School</b>	<b>7</b>	1-2-4(6)(7)	37:06	12:22	1:06.7
<b>2 Southpointe Academy</b>	<b>16</b>	3-5-8	44:01	14:41	4:19.2

**INDIVIDUAL RESULTS**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
1 KLASSEN, Sophia	2748	Vedder Middle Sch	1	11:58.39	6:26.2	3:59.5
2 HAGYARD, Danielle	1632	HD Stafford Middle	-	11:59.78	6:27.0	3:59.9
3 LONGHURST, Bea	2750	Vedder Middle Sch	2	12:02.41	6:28.4	4:00.8
4 STEFANOVIC, Anka	2693	Southpointe Acade	3	12:28.87	6:42.6	4:09.6
5 ALLANSON, Marley	2747	Vedder Middle Sch	4	13:05.07	7:02.1	4:21.7
6 BAY, Kaitlyn	1667	MEI Middle School	-	13:59.55	7:31.4	4:39.8
7 JONES, Madison	1633	HD Stafford Middle	-	14:10.42	7:37.2	4:43.5
8 PERRY, Shea	1704	North Surrey Seco	-	14:40.19	7:53.2	4:53.4
9 ZHANG, Alaina	2694	Southpointe Acade	5	14:43.95	7:55.2	4:54.6
10 NGUYEN, Chloe	1670	MEI Middle School	-	14:56.70	8:02.1	4:58.9
11 O'GRADY, Kaitlyn	2829	Yorkson Creek	-	15:24.03	8:16.8	5:08.0
12 DUCKWORTH, Keira	2922	Lord Tweedsmuir	-	15:38.63	8:24.6	5:12.9
13 DEBIASIO, Alexa	1700	North Surrey Seco	-	15:42.42	8:26.7	5:14.1
14 KOH, Anna	1625	Holy Cross Second	-	15:43.11	8:27.0	5:14.4
15 MAZEREEUW, Asia	2751	Vedder Middle Sch	(6)	15:56.35	8:34.2	5:18.8
16 PINCKNEY, Claire	2752	Vedder Middle Sch	(7)	16:04.22	8:38.4	5:21.4
17 DONNAGE, Sadie	1709	Pitt Meadows	-	16:04.52	8:38.6	5:21.5
18 BINNING, Jiya	2311	Panorama Ridge	-	16:19.90	8:46.8	5:26.6
19 MANGAT, Simrit	2997	Semiahmoo	-	16:44.20	8:59.9	5:34.7
20 RASHID, Hannah	3819	Southpointe Acade	8	16:48.07	9:02.0	5:36.0
21 YAKIWCHUK, Alisha	1654	kwantlen park	-	17:22.66	9:20.6	5:47.6
22 OSHLANI, Linda	1595	Garibaldi	-	18:09.90	9:46.0	6:03.3
23 SUMNER, Sophie	2830	Yorkson Creek	-	18:42.93	10:03.7	6:14.3
24 KHERA, Jannat	2635	Salish Secondary	-	19:25.30	10:26.5	6:28.4
25 PARMAR, Tamia	3802	Semiahmoo	-	19:31.31	10:29.7	6:30.4
26 YANG, Anne	1646	Johnston Heights	-	22:40.56	12:11.5	7:33.5

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**Race #3**  
**WOMEN (Junior) • 4 Kilometers (2.49 Miles)**

# Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Abbotsford Christian	38	2-4-15-17(22)(59)	1:05:43	16:26	1:57.0
2 Semiahmoo	64	7-12-16-29(34)(55)	1:08:18	17:05	1:58.5
3 Earl Marriott	72	10-14-23-25(33)(47)	1:09:16	17:19	1:20.0
4 Walnut Grove	75	3-11-30-31(35)(42)(43)	1:09:01	17:16	2:52.5
5 South Delta	95	1-13-36-45(54)	1:10:41	17:41	5:04.8
6 Panorama Ridge	100	8-19-24-49(51)	1:12:21	18:06	4:34.7
7 Dr. Charles Best	112	6-28-32-46	1:12:33	18:09	4:09.1
8 Credo Christian High	117	18-20-38-41	1:13:03	18:16	1:40.6
9 Maple Ridge Secondary	143	9-40-44-50	1:16:04	19:01	4:31.2
10 MEI Secondary	150	26-27-37-60	1:18:26	19:37	5:47.1
11 Fleetwood Park Secondary	154	5-21-62-66(68)	1:23:17	20:50	10:05.8
12 Garibaldi	200	39-48-52-61	1:24:25	21:07	4:45.2
13 Queen Elizabeth	235	56-57-58-64(67)	1:33:33	23:24	3:04.1
14 R.E. Mountain	250	53-63-65-69	1:40:48	25:12	7:45.7

## INDIVIDUAL RESULTS

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
1 BONIKOWSKY, Madi	2641	South Delta (1)	1	14:56.30	6:00.0	3:44.1
2 PEET WILLIAMS, Christina	1499	Chilliwack Seconda	-	15:11.81	6:06.2	3:48.0
3 KLAUS, Juane	1415	Abbotsford Christia	2	15:25.19	6:11.6	3:51.3
4 PEMBORTON, Kiera	2782	Walnut Grove (1)	3	15:36.85	6:16.2	3:54.2
5 DE JAGER, Emily	1405	Abbotsford Christia	4	15:45.28	6:19.6	3:56.3
6 LI, Viviana	1572	Fleetwood Park Sec	5	15:46.19	6:20.0	3:56.5
7 VON STEFENELLI, Lucy	2871	Dr. Charles Best (1)	6	15:53.84	6:23.1	3:58.5
8 YAKEMCHUK, Abigail	1662	Langley Christian	-	15:56.51	6:24.1	3:59.1
9 HACK, Mackenzie	2986	Semiahmoo (1)	7	16:04.47	6:27.3	4:01.1
10 WARAICH, Muskaan	1753	Panorama Ridge (1)	8	16:14.08	6:31.2	4:03.5
11 LENTON, Jade	2946	Maple Ridge Secon	9	16:18.79	6:33.1	4:04.7
12 MACKIE, Julia	1544	Earl Marriott (1)	10	16:34.61	6:39.4	4:08.7
13 GRAYDON, Emma	1710	Pitt Meadows	-	16:40.35	6:41.7	4:10.1
14 GUILLEN, Quetzals	2769	Walnut Grove (2)	11	16:44.82	6:43.5	4:11.2
15 POTASHOV, Leah	3809	Semiahmoo (2)	12	16:50.69	6:45.9	4:12.7
16 DUMAS, Gemma	2645	South Delta (2)	13	16:51.77	6:46.3	4:12.9
17 COUTTS, Kezia	1519	Elgin Park	-	16:54.49	6:47.4	4:13.6
18 SYBERG-OLSON, Katie	2636	Salish Secondary	-	16:57.97	6:48.8	4:14.5
19 STOOCHNOFF, Kayla	1628	Holy Cross Second	-	17:01.75	6:50.3	4:15.4
20 SCHLECKER, Kylie	1550	Earl Marriott (2)	14	17:09.16	6:53.3	4:17.3
21 HALL, Makenna	1408	Abbotsford Christia	15	17:10.11	6:53.7	4:17.5
22 WOODE, Rachel	2637	Salish Secondary	-	17:10.96	6:54.0	4:17.7
23 OKURA, Mayu	1452	Brookwood Secon	-	17:13.95	6:55.2	4:18.5
24 PULMAN, Hannah	1438	Archbishop Carney	-	17:15.35	6:55.8	4:18.8
25 OLVER, Jorja	3801	Semiahmoo (3)	16	17:19.41	6:57.4	4:19.9
26 TAKENAKA, Kevina	1423	Abbotsford Christia	17	17:22.11	6:58.5	4:20.5

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**WOMEN (Junior) • 4 Kilometers (2.49 Miles)**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
27 HOCKIN, Naomi	1484	Credo Christian Hig	18	17:25.63	6:59.9	4:21.4
28 GODERIS, Jayde	1745	Panorama Ridge (2)	19	17:26.39	7:00.2	4:21.6
29 STEVENS, Melissa	1442	Burnsview	-	17:27.38	7:00.6	4:21.8
30 KANG, Kyah	1485	Credo Christian Hig	20	17:29.27	7:01.4	4:22.3
31 RAMILO, Klera	1578	Fleetwood Park Sec	21	17:29.34	7:01.4	4:22.3
32 VILLAMIZAR, Manuela	1439	Archbishop Carney	-	17:34.31	7:03.4	4:23.6
33 FLEMING, Jacinda	1407	Abbotsford Christia	(22)	17:36.70	7:04.4	4:24.2
34 CHEN, Keren	1699	North Surrey Secon	-	17:37.29	7:04.6	4:24.3
35 BLAIR, Kaitlyn	1532	Earl Marriott (3)	23	17:37.54	7:04.7	4:24.4
36 COLBY, Taylor	1616	G.W. Graham	-	17:48.95	7:09.3	4:27.2
37 REDDIN, Jeneya	1461	Centennial Second	-	17:50.90	7:10.1	4:27.7
38 PETERS, Leah	1749	Panorama Ridge (3)	24	17:51.21	7:10.2	4:27.8
39 GREWAL, Jasleen	2677	Sullivan Heights	-	17:51.92	7:10.5	4:28.0
40 GR. 8IEDEL, Alexis	1536	Earl Marriott (4)	25	17:54.51	7:11.5	4:28.6
41 PIRANI, Vanessa	1685	MEI Secondary (1)	26	17:55.02	7:11.7	4:28.8
42 HUTCHISON, Allyssa	1680	MEI Secondary (2)	27	17:55.99	7:12.1	4:29.0
43 HACHEY, Jordan	2851	Dr. Charles Best (2)	28	18:00.09	7:13.8	4:30.0
44 MITCHELL, Ava	3800	Semiahmoo (4)	29	18:02.89	7:14.9	4:30.7
45 SCHUTTE, Sonja	1525	Elgin Park	-	18:05.34	7:15.9	4:31.3
46 DIAS, Sabrina	2764	Walnut Grove (3)	30	18:09.95	7:17.7	4:32.5
47 KLASSEN, Dania	2626	Sardis Secondary S	-	18:13.05	7:19.0	4:33.3
48 JONES, Mackenzie	2899	Heritage Woods Se	-	18:18.42	7:21.1	4:34.6
49 DIXON LAWLESS, Ophelia	2703	Samuel Robertson	-	18:24.21	7:23.5	4:36.1
50 VAISSADE, Laila	2795	Walnut Grove (4)	31	18:29.30	7:25.5	4:37.3
51 HAMNETT, Amelia	2852	Dr. Charles Best (3)	32	18:35.87	7:28.1	4:39.0
52 STOOCHNOFF, Chelsea	1627	Holy Cross Second	-	18:41.72	7:30.5	4:40.4
53 GILL, Madison	1537	Earl Marriott (5)	(33)	18:47.46	7:32.8	4:41.9
54 ANTSCHERL, Sacha	2980	Semiahmoo (5)	(34)	18:49.10	7:33.5	4:42.3
55 SADA, Daniela	2788	Walnut Grove (5)	(35)	18:49.85	7:33.8	4:42.5
56 DAWYDIUK-CLOZZA, Ciana	2644	South Delta (3)	36	18:51.39	7:34.4	4:42.8
57 KO, Joyce	1683	MEI Secondary (3)	37	18:52.44	7:34.8	4:43.1
58 DEHAAN, Carmen	1481	Credo Christian Hig	38	19:01.05	7:38.3	4:45.3
59 PORTER, Megan	1597	Garibaldi (1)	39	19:03.59	7:39.3	4:45.9
60 NEUFELD, Julia	2948	Maple Ridge Secon	40	19:04.37	7:39.6	4:46.1
61 VAUGHAN, Chloe	2686	Sullivan Heights	-	19:04.63	7:39.7	4:46.2
62 VANRHEE, Emma	1487	Credo Christian Hig	41	19:06.19	7:40.3	4:46.5
63 WALKER, Sophie	2796	Walnut Grove (6)	(42)	19:08.51	7:41.2	4:47.1
64 ELLIS, Mya	1663	Langley Secondary	-	19:20.99	7:46.3	4:50.2
65 COGHILL, Reilley	1790	Robert Bateman	-	19:21.36	7:46.4	4:50.3
66 FACTOR, Taegan	1493	Chilliwack Seconda	-	19:21.71	7:46.5	4:50.4
67 GRANLEESE, Caitlin	2768	Walnut Grove (7)	(43)	19:26.55	7:48.5	4:51.6
68 FERRER, Ines	1456	Centennial Second	-	19:28.40	7:49.2	4:52.1
69 BARJASIC, Marina	1431	Archbishop Carney	-	19:32.85	7:51.0	4:53.2
70 JOHANNSON, Keira	2898	Heritage Woods Se	-	19:39.49	7:53.7	4:54.9
71 MACDONALD, Olivia	2947	Maple Ridge Secon	44	19:50.26	7:58.0	4:57.6
72 PRICE, Julia	2606	Rick Hansen	-	19:56.53	8:00.5	4:59.1

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Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
73 JONES, Leilani	2649	South Delta (4)	45	20:01.00	8:02.3	5:00.2
74 GORDON-FERNANDEZ, Gal	2849	Dr. Charles Best (4)	46	20:02.85	8:03.1	5:00.7
75 NEGGERS, Alyssa	1512	D.W. Poppy	-	20:06.35	8:04.5	5:01.6
76 WHITE, Jayden	2840	Yale Secondary	-	20:07.02	8:04.7	5:01.8
77 PLUMMER, Sierra	1547	Earl Marriott (6)	(47)	20:13.19	8:07.2	5:03.3
78 REITSMA, Olivia	2066	W.J. Mouat	-	20:19.53	8:09.8	5:04.9
79 GR. 8OSBISHER, Mackenzie	1594	Garibaldi (2)	48	20:20.59	8:10.2	5:05.1
80 JACK, Danielle	1447	Brookwood Secon	-	20:20.97	8:10.3	5:05.2
81 WORSLEY, Sophie	1527	Elgin Park	-	20:22.76	8:11.1	5:05.7
82 DIOTTE, Kiera	2832	Yale Secondary	-	20:32.61	8:15.0	5:08.2
83 STEWART, Anna	2880	Highroad Academy	-	20:34.85	8:15.9	5:08.7
84 HOICKE, Malin	1619	G.W. Graham	-	20:37.95	8:17.2	5:09.5
85 POLLER, Tabea	1623	G.W. Graham	-	20:40.42	8:18.2	5:10.1
86 RAI, Priya	1750	Panorama Ridge (4)	49	20:48.73	8:21.5	5:12.2
87 HAINZ, Kaia	2944	Maple Ridge Secon	50	20:49.95	8:22.0	5:12.5
88 SANATONIO, Taylor	1751	Panorama Ridge (5)	(51)	20:58.13	8:25.3	5:14.5
89 BAKER, Jada	2716	Tamanawis	-	21:01.53	8:26.6	5:15.4
90 REIST, Keili	1598	Garibaldi (3)	52	21:11.17	8:30.5	5:17.8
91 IRAQI, Iya	1799	R.E. Mountain (1)	53	21:18.28	8:33.4	5:19.6
92 LAMYIN, Lauren	2651	South Delta (5)	(54)	21:20.41	8:34.2	5:20.1
93 GALVEZ GIMENEZ, Laia	1446	Brookwood Secon	-	21:22.98	8:35.2	5:20.7
94 YE, Kelly	2673	Seaquam	-	21:39.11	8:41.7	5:24.8
95 XIAO, Davina	2671	Seaquam	-	21:42.80	8:43.2	5:25.7
96 KLAGER, Adrienne	2775	Walnut Grove	-	21:43.92	8:43.7	5:26.0
97 WHITEWAY, Gr. 8ankie	2710	Samuel Robertson	-	21:44.15	8:43.8	5:26.0
98 IP, Sarah	2957	Pinetree Secondary	-	21:48.77	8:45.6	5:27.2
99 MUECKEL, Emily	2905	Heritage Woods Se	-	21:57.80	8:49.2	5:29.4
100 ZHANG, Maria	3818	Semiahmoo (6)	(55)	22:09.14	8:53.8	5:32.3
101 FOSS, Katie	1507	D.W. Poppy	-	22:17.75	8:57.2	5:34.4
102 REGMI, Sneha	1783	Queen Elizabeth (1)	56	22:34.51	9:04.0	5:38.6
103 KHAKH, Jasleen	1778	Queen Elizabeth (2)	57	22:37.38	9:05.1	5:39.3
104 SANDHU, Simran	1784	Queen Elizabeth (3)	58	22:41.58	9:06.8	5:40.4
105 SALMON, Diedre	1421	Abbotsford Christia	(59)	22:54.05	9:11.8	5:43.5
106 GARCIA, Maria	2663	Seaquam	-	23:04.05	9:15.8	5:46.0
107 LICHTWEAR, Emma	2928	Lord Tweedsmuir	-	23:23.39	9:23.6	5:50.8
108 BURCHART, Statia	1792	Regent Christian Ac	-	23:31.84	9:27.0	5:53.0
109 ANDERSON, Rachel	1675	MEI Secondary (4)	60	23:42.10	9:31.1	5:55.5
110 WILLEMS, Hannah	1600	Garibaldi (4)	61	23:48.79	9:33.8	5:57.2
111 SUBRAMAMIAM, Katrina	1586	Fleetwood Park Sec	62	24:09.22	9:42.0	6:02.3
112 CHEN, Miriam	2296	Port Moody	-	24:18.09	9:45.6	6:04.5
113 HAN, Isabelle	1798	R.E. Mountain (2)	63	24:37.80	9:53.5	6:09.5
114 ESPLEY, Shaleene	1401	Abbotsford Trad Se	-	24:51.70	9:59.1	6:12.9
115 PETER, Joanna	1782	Queen Elizabeth (4)	64	25:38.57	10:17.9	6:24.6
116 CHIU, Jhieh Ling	1795	R.E. Mountain (3)	65	25:47.73	10:21.6	6:26.9
117 BRAR, Prahbjot	1561	Fleetwood Park Sec	66	25:51.94	10:23.3	6:28.0
118 FLYNN, Hailey	2676	Sullivan Heights	-	25:53.48	10:23.9	6:28.4

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**Race #3**  
**WOMEN (Junior) • 4 Kilometers (2.49 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
119 NGO, Tiffany	1780	Queen Elizabeth (5)	(67)	26:11.50	10:31.1	6:32.9
120 MAGONON, Aviela	2963	Pinetree Secondary	-	26:47.83	10:45.7	6:42.0
121 SANDHU, Chahat	1582	Fleetwood Park Sec	(68)	26:53.16	10:47.9	6:43.3
122 LI, Zoe	2960	Pinetree Secondary	-	27:41.27	11:07.2	6:55.3
123 SANZ SUAREZ, Elena	2707	Samuel Robertson	-	29:03.17	11:40.1	7:15.8
124 DUNCAN, Kurstin	1796	R.E. Mountain (4)	69	29:03.98	11:40.4	7:16.0
125 HAKKARAINEN, Hope	2834	Yale Secondary	-	31:39.62	12:42.9	7:54.9

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**Race #4**  
**MEN (Junior) • 4 Kilometers (2.49 Miles)**

# Final Results

## TEAM SCORING SUMMARY

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Sardis Secondary School	57	10-14-16-17	57:40	14:25	0:30.7
2 Terry Fox	59	5-6-18-30(34)(40)(51)	57:47	14:27	1:36.7
3 Walnut Grove	63	2-15-22-24(44)(46)(61)	57:41	14:26	1:30.9
4 Earl Marriott	64	8-9-19-28(35)(59)	57:51	14:28	1:10.5
5 South Delta	73	1-4-25-43(68)	57:56	14:29	3:22.1
6 Abbotsford Christian	79	3-11-27-38(48)(55)	58:37	14:40	2:35.0
7 WRCA	111	13-20-29-49(50)(52)(54)	1:01:16	15:19	2:18.0
8 Elgin Park	121	7-21-36-57	1:01:46	15:27	3:26.6
9 Fleetwood Park Secondary	133	23-32-37-41(42)(63)	1:02:46	15:42	1:19.6
10 Semiahmoo	160	26-31-33-70	1:06:26	16:37	5:21.4
11 MEI Secondary	162	12-39-53-58	1:04:59	16:15	2:57.1
12 Pinetree Secondary	227	45-56-62-64(66)(67)(69)	1:10:01	17:31	1:41.5
13 Chilliwack Secondary	243	47-60-65-71	1:13:35	18:24	4:06.1

## INDIVIDUAL RESULTS

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
1 HOFER, Jonathan	2647	South Delta (1)	1	13:01.63	5:13.9	3:15.4
2 HARDY, Jack	2770	Walnut Grove (1)	2	13:24.39	5:23.0	3:21.1
3 DE JAGER, James	1406	Abbotsford Christia	3	13:27.72	5:24.4	3:21.9
4 BONIKOWSKY, Jacob	2640	South Delta (2)	4	13:33.95	5:26.9	3:23.5
5 WADHWANI, Jacob	2742	Terry Fox (1)	5	13:48.08	5:32.6	3:27.0
6 LISTON, Gabe	2734	Terry Fox (2)	6	13:52.75	5:34.4	3:28.2
7 BAKER, Isaac	1516	Elgin Park (1)	7	13:55.20	5:35.4	3:28.8
8 IRVINE, Hudson	1540	Earl Marriott (1)	8	13:57.49	5:36.3	3:29.4
9 LOGIE, Micah	1541	Earl Marriott (2)	9	14:04.65	5:39.2	3:31.2
10 LONGHURST, Finn	2628	Sardis Secondary S	10	14:06.50	5:40.0	3:31.6
11 TRENT, Matthew	1424	Abbotsford Christia	11	14:08.33	5:40.7	3:32.1
12 MIGNEAULT, Boston	1436	Archbishop Carney	-	14:10.78	5:41.7	3:32.7
13 CURTIS, Joseph	1454	Centennial Second	-	14:15.28	5:43.5	3:33.8
14 VANDELDELDE, Joshua	1791	Robert Bateman	-	14:18.81	5:44.9	3:34.7
15 PARSONS, Adam	2911	Heritage Woods Se	-	14:21.90	5:46.1	3:35.5
16 CARSIENCE, Josh	1678	MEI Secondary (1)	12	14:25.08	5:47.4	3:36.3
17 FAW, Jared	2804	WRCA (1)	13	14:25.53	5:47.6	3:36.4
18 JOHNSTON, Jack	2625	Sardis Secondary S	14	14:25.56	5:47.6	3:36.4
19 PETERSON, Daylen	2783	Walnut Grove (2)	15	14:28.48	5:48.8	3:37.1
20 NESZVECSKO, Felix	2631	Sardis Secondary S	16	14:30.67	5:49.7	3:37.7
21 CREVIER, Connor	2621	Sardis Secondary S	17	14:37.14	5:52.3	3:39.3
22 SLAYMAKER, Cameron	2739	Terry Fox (3)	18	14:40.52	5:53.6	3:40.1
23 RAYMOND, Cash	1548	Earl Marriott (3)	19	14:40.93	5:53.8	3:40.2
24 SLOFSTRA, Evan	2824	WRCA (2)	20	14:43.17	5:54.7	3:40.8
25 DUMONT, Kaelem	1520	Elgin Park (2)	21	14:44.38	5:55.2	3:41.1
26 FAST, Khauner	1618	G.W. Graham	-	14:47.20	5:56.3	3:41.8
27 GIBNEY, Zachary	2848	Dr. Charles Best	-	14:48.42	5:56.8	3:42.1



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**Race #4**  
**MEN (Junior) • 4 Kilometers (2.49 Miles)**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
28 DE RAADT, Greg	2745	Unity Christian Sch	-	14:49.67	5:57.3	3:42.4
29 LIN, Paxton	1729	Port Moody	-	14:51.28	5:57.9	3:42.8
30 RAYMOND, Nick	2784	Walnut Grove (3)	22	14:51.97	5:58.2	3:43.0
31 GHUMAN, Gurman	1566	Fleetwood Park Sec	23	14:54.53	5:59.2	3:43.6
32 KUO, Atkinson	2776	Walnut Grove (4)	24	14:55.27	5:59.5	3:43.8
33 LAMYIN, Alexander	2650	South Delta (3)	25	14:55.92	5:59.8	3:44.0
34 KIM, Devon	2989	Semiahmoo (1)	26	14:56.10	5:59.9	3:44.0
35 CARRUTHERS, Jeremiah	1719	Port Moody	-	14:57.04	6:00.3	3:44.3
36 KEHLER, Brett	1414	Abbotsford Christia	27	14:57.34	6:00.4	3:44.3
37 TIERNEY, Jesse	1599	Garibaldi	-	15:06.02	6:03.9	3:46.5
38 HAMILTON, Isaac	1664	Langley Secondary	-	15:06.88	6:04.2	3:46.7
39 ZIETLOW, Alan	1552	Earl Marriott (4)	28	15:07.92	6:04.6	3:47.0
40 ARJUN, Dhatt	1554	Enver Creek	-	15:15.48	6:07.7	3:48.9
41 MURRAY, Sean	2819	WRCA (3)	29	15:23.55	6:10.9	3:50.9
42 HENDRIKS, Cody	2730	Terry Fox (4)	30	15:24.77	6:11.4	3:51.2
43 GRIMARD, Elijah	2877	Highroad Academy	-	15:28.46	6:12.9	3:52.1
44 SOMANI, Taric	3812	Semiahmoo (2)	31	15:30.59	6:13.7	3:52.6
45 LAUER, Oliver	1570	Fleetwood Park Sec	32	15:37.60	6:16.5	3:54.4
46 JANZEN, Kyle	2987	Semiahmoo (3)	33	15:40.93	6:17.9	3:55.2
47 CERQUIERA, Andrew	2726	Terry Fox (5)	(34)	15:42.70	6:18.6	3:55.7
48 PLUMMER, Colton	1546	Earl Marriott (5)	(35)	15:43.14	6:18.8	3:55.8
49 GREENOUGH, Michael	1521	Elgin Park (3)	36	15:44.53	6:19.3	3:56.1
50 KOBYLANSKI, Liam	2696	Southridge	-	15:49.32	6:21.3	3:57.3
51 YAN, Brandon	1592	Fleetwood Park Sec	37	15:58.82	6:25.1	3:59.7
52 OUELLETTE, Ryan	2682	Sullivan Heights	-	15:59.19	6:25.2	3:59.8
53 MORROW, Landon	1418	Abbotsford Christia	38	16:02.63	6:26.6	4:00.7
54 BRANDSMA, Sam	1677	MEI Secondary (2)	39	16:08.79	6:29.1	4:02.2
55 JAHANGIRI, Aras	2732	Terry Fox (6)	(40)	16:12.84	6:30.7	4:03.2
56 MIJINKE, Andrew	2688	St. John Brebeuf	-	16:12.86	6:30.7	4:03.2
57 PARHAR, Gurkirat	1577	Fleetwood Park Sec	41	16:14.12	6:31.2	4:03.5
58 DHANOA, Mantaj	1564	Fleetwood Park Sec	(42)	16:16.27	6:32.1	4:04.1
59 MEIER, Peter	1451	Brookwood Secon	-	16:17.85	6:32.7	4:04.5
60 HIFZUR, Omer	1760	Princess Margaret	-	16:21.65	6:34.2	4:05.4
61 TURNER, Aidan	2659	South Delta (4)	43	16:23.72	6:35.1	4:05.9
62 CALBECK, Evan	2759	Walnut Grove (5)	(44)	16:24.32	6:35.3	4:06.1
63 TAYLOR, Jake	2939	Lord Tweedsmuir	-	16:29.16	6:37.3	4:07.3
64 YU, Hayden	1740	Port Moody	-	16:34.40	6:39.4	4:08.6
65 ABDUR, Raheem	1763	Queen Elizabeth	-	16:34.96	6:39.6	4:08.7
66 MURPHY, Jayden	2966	Pinetree Secondary	45	16:36.85	6:40.3	4:09.2
67 REDERMOND, Max	2785	Walnut Grove (6)	(46)	16:36.89	6:40.4	4:09.2
68 OCLARINO, Aleks	1441	Burnsview	-	16:36.95	6:40.4	4:09.2
69 RUPP, Peter	1501	Chilliwack Seconda	47	16:40.25	6:41.7	4:10.1
70 CHUANG, Ian	1404	Abbotsford Christia	(48)	16:40.62	6:41.9	4:10.2
71 ABBAS, Baqar	1647	kwantlen park	-	16:41.92	6:42.4	4:10.5
72 MURRAY, Collin	2818	WRCA (4)	49	16:43.46	6:43.0	4:10.9
73 YEUNG, Joshua	2619	Riverside	-	16:44.32	6:43.3	4:11.1

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**MEN (Junior) • 4 Kilometers (2.49 Miles)**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
74 SUN, William	2825	WRCA (5)	(50)	16:46.48	6:44.2	4:11.6
75 YOUNG, Ethan	2743	Terry Fox (7)	(51)	16:46.61	6:44.3	4:11.7
76 PORTER, James	1453	Brookwood Secon	-	16:50.54	6:45.8	4:12.6
77 FLEMING, Dawson	1506	D.W. Poppy	-	16:52.07	6:46.5	4:13.0
78 TEWS, Calvin	2826	WRCA (6)	(52)	16:55.27	6:47.7	4:13.8
79 WOLFS, Matthew	1689	MEI Secondary (3)	53	17:02.88	6:50.8	4:15.7
80 GOVETT, Tyler	2850	Dr. Charles Best	-	17:04.35	6:51.4	4:16.1
81 JOKOLA, Nathan	2813	WRCA (7)	(54)	17:13.94	6:55.2	4:18.5
82 JANSEN, Travis	1410	Abbotsford Christia	(55)	17:17.27	6:56.6	4:19.3
83 YANG, Samuel	2975	Pinetree Secondary	56	17:20.33	6:57.8	4:20.1
84 YEWCHUK, Zack	1528	Elgin Park (4)	57	17:21.72	6:58.4	4:20.4
85 KAMPEN, Caleb	1682	MEI Secondary (4)	58	17:22.14	6:58.5	4:20.5
86 PRACHNAU, Bradley	2836	Yale Secondary	-	17:26.01	7:00.1	4:21.5
87 KILMARTIN, Evan	2733	Terry Fox	-	17:26.37	7:00.2	4:21.6
88 SARAI, Daya	1549	Earl Marriott (6)	(59)	17:26.44	7:00.3	4:21.6
89 BETZ, Sebastian	1489	Chilliwack Seconda	60	17:26.47	7:00.3	4:21.6
90 DESAI, Pranay	3820	Panorama Ridge	-	17:28.63	7:01.1	4:22.2
91 DENT, Connor	2803	WRCA	-	17:31.33	7:02.2	4:22.8
92 SHAMSI, Yusuf	1593	Frank Hurt	-	17:31.56	7:02.3	4:22.9
93 EMLEY-GRAHAM, Jack	2943	Maple Ridge Secon	-	17:36.29	7:04.2	4:24.1
94 CUNNOLD, Aiden	2763	Walnut Grove (7)	(61)	17:42.85	7:06.8	4:25.7
95 WANG, Matt	2969	Pinetree Secondary	62	17:44.87	7:07.7	4:26.2
96 VERNON, Eric	1589	Fleetwood Park Sec	(63)	17:45.67	7:08.0	4:26.4
97 NADERI, Sam	2909	Heritage Woods Se	-	17:50.26	7:09.8	4:27.6
98 WILLIAMS, Keanan	2798	Walnut Grove	-	17:56.42	7:12.3	4:29.1
99 DHALIWAL, Akash	1757	Princess Margaret	-	18:03.26	7:15.0	4:30.8
100 VAN VUGT, Alex	2690	St. John Brebeuf	-	18:04.78	7:15.7	4:31.2
101 ARAIZA, Ramses	2800	WRCA	-	18:05.23	7:15.8	4:31.3
102 GAO, Tony	2808	WRCA	-	18:07.10	7:16.6	4:31.8
103 EGELAND, Markus	2892	Heritage Woods Se	-	18:08.47	7:17.1	4:32.1
104 MEIER, Andrew	1450	Brookwood Secon	-	18:10.66	7:18.0	4:32.7
105 PATTERSON, Matias	2930	Lord Tweedsmuir	-	18:17.60	7:20.8	4:34.4
106 WONG, Mattias	2972	Pinetree Secondary	64	18:18.29	7:21.1	4:34.6
107 KARPIUK, Brad	2678	Sullivan Heights	-	18:27.01	7:24.6	4:36.8
108 TANG, Jiang	2685	Sullivan Heights	-	18:32.54	7:26.8	4:38.1
109 HESP, Gabe	1468	Clayton Heights	-	18:35.10	7:27.8	4:38.8
110 NIBLET, Jacob	2820	WRCA	-	18:40.20	7:29.9	4:40.0
111 RUSHLOW, Connor	1502	Chilliwack Seconda	65	18:41.04	7:30.2	4:40.3
112 TARRAGO, Marti	1666	Langley Secondary	-	18:49.82	7:33.7	4:42.5
113 BAJWA, Furqan	1755	Princess Margaret	-	19:00.67	7:38.1	4:45.2
114 ZHANG-BAI, Ryan	2978	Pinetree Secondary	(66)	19:01.08	7:38.3	4:45.3
115 BLACK, Reece	2757	Walnut Grove	-	19:01.28	7:38.3	4:45.3
116 THORPE, Parker	2794	Walnut Grove	-	19:05.24	7:39.9	4:46.3
117 ABU-SAHMAN, Mishael	1764	Queen Elizabeth	-	19:11.38	7:42.4	4:47.8
118 LAM, Jonas	2959	Pinetree Secondary	(67)	19:15.73	7:44.1	4:48.9
119 SIMPSON, Markus	2839	Yale Secondary	-	19:25.02	7:47.9	4:51.3

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**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
120 CHAND, Michael	2744	Unity Christian Sch	-	19:31.47	7:50.5	4:52.9
121 GAO, Edward	2806	WRCA	-	19:42.81	7:55.0	4:55.7
122 BURCHAK, Riley	2321	Riverside	-	19:43.07	7:55.1	4:55.8
123 CAMPBELL, Clayton	2323	Riverside	-	19:54.10	7:59.6	4:58.5
124 BUCHANAN, Oliver	2642	South Delta (5)	(68)	19:54.89	7:59.9	4:58.7
125 ARTEMENDI, Nico	1505	D.W. Poppy	-	20:10.79	8:06.3	5:02.7
126 MANGONON, Neil	2964	Pinetree Secondary	(69)	20:15.42	8:08.1	5:03.9
127 LEE, Joshua	2994	Semiahmoo (4)	70	20:17.48	8:08.9	5:04.4
128 SINGH, Vijay	1696	North Delta Second	-	20:21.75	8:10.7	5:05.4
129 MALLARI, Ryland	1693	North Delta Second	-	20:25.92	8:12.3	5:06.5
130 BARTYUK, Nathan	2801	WRCA	-	20:32.30	8:14.9	5:08.1
131 MELLENGER, Miles	2816	WRCA	-	20:32.47	8:15.0	5:08.1
132 CUNNINGHAM, Brodie	1491	Chilliwack Seconda	71	20:46.32	8:20.5	5:11.6
133 CHOI, Marcus	1634	Johnston Heights	-	20:46.74	8:20.7	5:11.7
134 HOVEN, Zach	2924	Lord Tweedsmuir	-	21:19.01	8:33.7	5:19.8
135 NGYUEN, David	1640	Johnston Heights	-	21:22.05	8:34.9	5:20.5
136 PEDROSA, Graham	2879	Highroad Academy	-	21:26.37	8:36.6	5:21.6
137 KERDACHI, Josh	2878	Highroad Academy	-	22:33.49	9:03.6	5:38.4
138 MACLEOD, Karl	2072	W.J. Mouat	-	22:44.08	9:07.8	5:41.0
139 AMIN, Thiago	2952	Pinetree Secondary	-	24:02.51	9:39.3	6:00.6
140 KONG, Dean	2958	Pinetree Secondary	-	25:14.33	10:08.2	6:18.6
141 COARD, Mathew	2831	Yale Secondary	-	25:18.82	10:10.0	6:19.7
142 THOMAS, Connor	1630	Holy Cross Second	-	25:19.66	10:10.3	6:19.9
143 WEIMER, Caleb	1624	G.W. Graham	-	25:50.78	10:22.8	6:27.7
144 TA, Eugene	2607	Rick Hansen	-	27:57.38	11:13.6	6:59.3
145 WU, Hao	2974	Pinetree Secondary	-	28:13.55	11:20.1	7:03.4
146 CALIF, Ahmed	1767	Queen Elizabeth	-	36:12.09	14:32.3	9:03.0

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Aldergrove, BC

Aldergrove Park

October 17, 2018

**OFFICIAL MEET REPORT**

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**Race #5**  
**WOMEN (Senior) • 6 Kilometers (3.73 Miles)**
**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Walnut Grove	26	1-2-11-12(13)(17)(18)	1:44:02	26:01	3:25.9
2 Dr. Charles Best	82	5-21-23-33(41)(44)(58)	1:53:07	28:17	3:40.1
3 Riverside	83	6-9-20-48	1:55:41	28:56	7:23.8
4 Abbotsford Christian	93	4-24-29-36(40)	1:54:18	28:35	4:41.9
5 Terry Fox	108	7-15-39-47	2:00:33	30:09	6:42.8
6 Heritage Woods Sec.	112	16-19-28-49(57)	1:59:01	29:46	6:05.5
7 Earl Marriott	123	22-30-34-37(42)	1:58:53	29:44	2:30.6
8 Clayton Heights	127	10-14-50-53(64)(68)(69)	2:04:47	31:12	8:06.4
9 Gleneagle	153	26-27-35-65	2:05:29	31:23	8:32.7
10 WRCA	156	8-31-56-61	2:09:42	32:26	9:55.3
11 Port Moody	167	25-32-38-72(73)(74)	2:11:11	32:48	12:59.1
12 Fleetwood Park Secondary	195	43-46-52-54(55)(62)(75)	2:17:23	34:21	2:30.3
13 Seaquam	199	3-63-66-67(70)	2:19:18	34:50	12:52.2
14 Pinetree Secondary	215	45-51-59-60(71)	2:22:07	35:32	3:05.5

**INDIVIDUAL RESULTS**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
1 KOBYLANSKI, Maya	2697	Southridge	-	23:32.19	6:18.6	3:55.4
2 BAINS, Baneet	1754	Princess Margaret	-	23:43.85	6:21.7	3:57.3
3 MUSSCHE, Brooke	1658	Langley Christian	-	23:46.86	6:22.5	3:57.8
4 BAKKER, Leah	1655	Langley Christian	-	23:53.01	6:24.2	3:58.8
5 CHALK, Grace	2762	Walnut Grove (1)	1	24:03.75	6:27.1	4:00.6
6 GIBSON, Maddie	1440	B.C. Christian Acad	-	24:12.60	6:29.4	4:02.1
7 LORENSON, Gracie	1712	Pitt Meadows	-	24:24.85	6:32.7	4:04.1
8 STOOCHNOFF, Madison	1629	Holy Cross Second	-	24:48.38	6:39.0	4:08.1
9 REISDORF, Naomi	2786	Walnut Grove (2)	2	25:07.21	6:44.1	4:11.2
10 SYDENHAM, Alanna	1752	Panorama Ridge	-	25:18.01	6:47.0	4:13.0
11 KEARNS, Emma	2634	Salish Secondary	-	25:29.50	6:50.1	4:14.9
12 HUTCHISON, Cassidy	1681	MEI Secondary	-	25:29.94	6:50.2	4:15.0
13 MILIC, Hannah	2668	Seaquam (1)	3	25:38.52	6:52.5	4:16.4
14 GABA, Sonali	2033	W.J. Mouat	-	25:42.14	6:53.4	4:17.0
15 GRAYDON, Maggie	1711	Pitt Meadows	-	25:43.40	6:53.8	4:17.2
16 KAMPMAN, Jessica	1412	Abbotsford Christia	4	25:53.40	6:56.5	4:18.9
17 RAFTER, Ilse	2949	Maple Ridge Secon	-	26:22.87	7:04.4	4:23.8
18 SMIGELSKY, Natasha	1462	Centennial Second	-	26:26.41	7:05.3	4:24.4
19 WILSON, Isabel	2875	Dr. Charles Best (1)	5	26:28.76	7:05.9	4:24.8
20 MCDONELL, Olivia	2611	Riverside (1)	6	26:29.38	7:06.1	4:24.9
21 JOHNSON, Andrena	2624	Sardis Secondary S	-	26:40.08	7:09.0	4:26.7
22 SANGHA, Nanaki	1557	Enver Creek	-	26:55.19	7:13.0	4:29.2
23 HIKICHI, Meya	2731	Terry Fox (1)	7	26:59.51	7:14.2	4:29.9
24 GIN, Elizabeth	2809	WRCA (1)	8	27:02.06	7:14.9	4:30.3
25 KIM, Maria	2610	Riverside (2)	9	27:11.46	7:17.4	4:31.9
26 CHAN, Dora	1465	Clayton Heights (1)	10	27:16.76	7:18.8	4:32.8

**2018 FV HS XC CHAMPIONSHIPS**

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**Race #5**  
**WOMEN (Senior) • 6 Kilometers (3.73 Miles)**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
27 STELNICKI, Kelsy	2790	Walnut Grove (3)	11	27:20.62	7:19.8	4:33.4
28 BENNETT, Josephine	2755	Walnut Grove (4)	12	27:29.64	7:22.3	4:34.9
29 CARDLE, Cassidy	2761	Walnut Grove (5)	(13)	27:31.76	7:22.8	4:35.3
30 SMITH, Cayla	2700	Southridge	-	27:38.63	7:24.7	4:36.4
31 SUTTILL, Taya	2938	Lord Tweedsmuir	-	27:39.92	7:25.0	4:36.7
32 MCDOANLD, Grace	1471	Clayton Heights (2)	14	27:43.86	7:26.1	4:37.3
33 DUPLANTIS, Amy	2728	Terry Fox (2)	15	27:45.47	7:26.5	4:37.6
34 MUECKEL, Heidi	2908	Heritage Woods Se	16	27:48.20	7:27.2	4:38.0
35 ROLFSON, Emma	2787	Walnut Grove (6)	(17)	27:51.97	7:28.2	4:38.7
36 PAGLIARNI, Elisa	1596	Garibaldi	-	27:53.74	7:28.7	4:39.0
37 STEVENS, Sophia	2792	Walnut Grove (7)	(18)	27:57.19	7:29.6	4:39.5
38 FERGUSON, Daylana	2766	Walnut Grove	-	28:00.55	7:30.5	4:40.1
39 JONES, Catrin	2900	Heritage Woods Se	19	28:01.35	7:30.8	4:40.2
40 ROBINSON, Cassie	2615	Riverside (3)	20	28:07.00	7:32.3	4:41.2
41 VERONES, Marina	2869	Dr. Charles Best (2)	21	28:10.65	7:33.3	4:41.8
42 PALATINUS, Samantha	1545	Earl Marriott (1)	22	28:14.58	7:34.3	4:42.4
43 TUMMONDS, Amanda	2868	Dr. Charles Best (3)	23	28:17.98	7:35.2	4:43.0
44 PAVAN, Tiana	1437	Archbishop Carney	-	28:23.50	7:36.7	4:43.9
45 MINDERHOUD, Abi	1417	Abbotsford Christia	24	28:28.45	7:38.0	4:44.7
46 FANG, Erica	2765	Walnut Grove	-	28:34.60	7:39.7	4:45.8
47 HEDAYATI, Zeinab	2295	Port Moody (1)	25	28:41.03	7:41.4	4:46.8
48 ROBINSON, Lucy	1607	Gleneagle (1)	26	28:46.08	7:42.8	4:47.7
49 SIBLEY, Skylar	1608	Gleneagle (2)	27	28:50.18	7:43.9	4:48.4
50 STICKLEY, Seanne	2937	Lord Tweedsmuir	-	29:03.50	7:47.4	4:50.6
51 DONAHUE, Erynn	2890	Heritage Woods Se	28	29:17.11	7:51.1	4:52.9
52 JOB, Hannah	1411	Abbotsford Christia	29	29:20.23	7:51.9	4:53.4
53 PARTI, Payal	1652	kwantlen park	-	29:32.19	7:55.1	4:55.4
54 HALEY, Kathryn	1539	Earl Marriott (2)	30	29:36.75	7:56.3	4:56.1
55 WARING, Arshdeep	1402	Abbotsford Trad Se	-	29:37.01	7:56.4	4:56.2
56 SHALABY, Lina	2789	Walnut Grove	-	29:38.65	7:56.8	4:56.4
57 MUROSUGI, Aya	2817	WRCA (2)	31	29:40.90	7:57.5	4:56.8
58 HUANG, Silvana	1725	Port Moody (2)	32	29:55.84	8:01.5	4:59.3
59 WICK, Sydney	2797	Walnut Grove	-	29:58.63	8:02.2	4:59.8
60 BUCKINGHAM, Sarah	2758	Walnut Grove	-	30:00.21	8:02.6	5:00.0
61 HOWELL, Claire	2854	Dr. Charles Best (4)	33	30:08.82	8:04.9	5:01.5
62 MACDONALD-SOWERBY,	1542	Earl Marriott (3)	34	30:15.71	8:06.8	5:02.6
63 OWENS, Megan	1622	G.W. Graham	-	30:26.39	8:09.6	5:04.4
64 GILDER, Elizabeth	1603	Gleneagle (3)	35	30:33.99	8:11.7	5:05.7
65 BERGER, Jae-lynn	1403	Abbotsford Christia	36	30:35.24	8:12.0	5:05.9
66 HAYHOE, Ellen	2945	Maple Ridge Secon	-	30:41.98	8:13.8	5:07.0
67 ZIETLOW, Nicole	1553	Earl Marriott (4)	37	30:45.10	8:14.7	5:07.5
68 JOCHIMSKI, Louisa-Marie	1495	Chilliwack Seconda	-	30:45.33	8:14.7	5:07.6
69 FENG, ShiNan	1724	Port Moody (3)	38	30:53.26	8:16.9	5:08.9
70 HORNGREN-RHODES, Kati	2773	Walnut Grove	-	31:50.26	8:32.1	5:18.4
71 TANZIL, Annabel	2793	Walnut Grove	-	31:50.72	8:32.3	5:18.5
72 COADY, Victoria	1432	Archbishop Carney	-	31:57.88	8:34.2	5:19.6

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**Race #5**  
**WOMEN (Senior) • 6 Kilometers (3.73 Miles)**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
73 BRAR, Riya	2725	Terry Fox (3)	39	32:05.37	8:36.2	5:20.9
74 WILLEMS, Sophia	1687	MEI Secondary	-	32:45.40	8:46.9	5:27.6
75 WAGNER, Luna	1644	Johnston Heights	-	32:52.72	8:48.9	5:28.8
76 MA, Velma	1416	Abbotsford Christia	(40)	32:58.21	8:50.4	5:29.7
77 WHITTER, Joanna	2873	Dr. Charles Best (5)	(41)	33:01.52	8:51.2	5:30.3
78 SURIYA, Shaunika	1551	Earl Marriott (5)	(42)	33:03.21	8:51.7	5:30.5
79 ANDREOLI, Thais	2200	W.J. Mouat	-	33:03.30	8:51.7	5:30.5
80 LU, Kaitlyn	1573	Fleetwood Park Sec	43	33:06.87	8:52.7	5:31.1
81 WANG, Vivian	2872	Dr. Charles Best (6)	(44)	33:27.54	8:58.2	5:34.6
82 HIRATSUKA, Shino	1665	Langley Secondary	-	33:33.05	8:59.7	5:35.5
83 TRUONG, Ivana	2968	Pinetree Secondary	45	33:40.58	9:01.7	5:36.8
84 MUSICO, Jenieva	1575	Fleetwood Park Sec	46	33:41.24	9:01.9	5:36.9
85 PASSAGLIA, Ashley	2738	Terry Fox (4)	47	33:42.27	9:02.2	5:37.0
86 RAI, Ivran	2721	Tamanawis	-	33:43.90	9:02.6	5:37.3
87 PLESHA, Breelyn	2613	Riverside (4)	48	33:53.12	9:05.1	5:38.9
88 JONES, Kalena	2648	South Delta	-	33:53.30	9:05.1	5:38.9
89 HALL, Charlotte	2894	Heritage Woods Se	49	33:53.64	9:05.2	5:38.9
90 MCCORMICK, Jaileen	2654	South Delta	-	33:54.57	9:05.5	5:39.1
91 BISE, Chelsea	1464	Clayton Heights (3)	50	34:22.62	9:13.0	5:43.8
92 WONG, Chenille	2973	Pinetree Secondary	51	34:54.22	9:21.5	5:49.0
93 VIRDI, Riya	1590	Fleetwood Park Sec	52	34:56.93	9:22.2	5:49.5
94 FITZPATRICK, zara	2646	South Delta	-	34:56.95	9:22.2	5:49.5
95 DE HOOG, Rowan	2695	Southridge	-	35:01.95	9:23.5	5:50.3
96 WOLFS, Livia	1688	MEI Secondary	-	35:09.79	9:25.6	5:51.6
97 HAWKINS, Rebecca	1467	Clayton Heights (4)	53	35:23.13	9:29.2	5:53.9
98 BACHARA, Jeevan	1560	Fleetwood Park Sec	54	35:37.12	9:33.0	5:56.2
99 MACKENZIE, Emily	1574	Fleetwood Park Sec	(55)	35:37.88	9:33.2	5:56.3
100 LYONS, Georgia	1435	Archbishop Carney	-	36:00.56	9:39.2	6:00.1
101 GR. 8ANCOIS, Hannah	2805	WRCA (3)	56	36:01.73	9:39.6	6:00.3
102 YELLAND, Liz	2916	Heritage Woods Se	(57)	36:09.56	9:41.6	6:01.6
103 HONG, Zoe	1746	Panorama Ridge	-	36:29.06	9:46.9	6:04.8
104 ROGERS, Danica	2865	Dr. Charles Best (7)	(58)	36:29.83	9:47.1	6:05.0
105 ESTEBANEZ, Paula	2956	Pinetree Secondary	59	36:46.04	9:51.4	6:07.7
106 CONSTANTINE, Camila	2954	Pinetree Secondary	60	36:46.07	9:51.4	6:07.7
107 ROGERS, Hannah	2822	WRCA (4)	61	36:57.32	9:54.5	6:09.6
108 WAKELIN, Caitlyn	1591	Fleetwood Park Sec	(62)	36:57.82	9:54.6	6:09.6
109 YE, Emily	2672	Seaquam (2)	63	37:01.12	9:55.5	6:10.2
110 SHER-GILL, Rachelle	1473	Clayton Heights (5)	(64)	37:17.58	9:59.9	6:12.9
111 ZHANG, Aileen	1614	Gleneagle (4)	65	37:18.76	10:00.2	6:13.1
112 NARCISA MARTINEZ, Clara	2669	Seaquam (3)	66	38:07.02	10:13.1	6:21.2
113 KERVIN, Amanda	2664	Seaquam (4)	67	38:30.64	10:19.5	6:25.1
114 DHALIWAL, Jasleen	2035	W.J. Mouat	-	38:48.12	10:24.2	6:28.0
115 HORNGREN-RHODES, Holl	2772	Walnut Grove	-	39:09.58	10:29.9	6:31.6
116 UNSWORTH, Hannah	1475	Clayton Heights (6)	(68)	40:23.90	10:49.8	6:44.0
117 HICKS, Patricia	1469	Clayton Heights (7)	(69)	40:25.51	10:50.3	6:44.3
118 ZHONG, Jennifer	2674	Seaquam (5)	(70)	40:45.98	10:55.8	6:47.7

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**Race #5**  
**WOMEN (Senior) • 6 Kilometers (3.73 Miles)****Final Results****INDIVIDUAL RESULTS (cont'd)**

<b>Athlete</b>	<b>#</b>	<b>Team (Team Place)</b>	<b>Score</b>	<b>Time</b>	<b>Avg. Mile</b>	<b>Avg. kM</b>
119 LIU, Rebecca	2962	Pinetree Secondary	(71)	41:00.07	10:59.5	6:50.0
120 DHALIWAL, Tamanjot	1769	Queen Elizabeth	-	41:36.19	11:09.2	6:56.0
121 FANTILLO, Chantelle	1723	Port Moody (4)	72	41:40.12	11:10.3	6:56.7
122 ANDERSON, Jenny	1716	Port Moody (5)	(73)	41:49.90	11:12.9	6:58.3
123 ARAGHI-SOOREH, Sana	1718	Port Moody (6)	(74)	41:49.92	11:12.9	6:58.3
124 SOHI, Risham	1584	Fleetwood Park Sec	(75)	44:27.62	11:55.2	7:24.6
125 SANDHU, Rajjot	1583	Fleetwood Park Sec	-	44:50.41	12:01.3	7:28.4

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**Race #6**  
**MEN (Senior) • 6 Kilometers (3.73 Miles)**
**Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Semiahmoo	47	5-6-16-20(45)(67)(89)	1:28:13	22:04	2:24.5
2 Earl Marriott	70	2-13-14-41	1:28:52	22:13	4:29.8
3 Heritage Woods Sec.	84	4-21-26-33(51)(70)(92)	1:31:26	22:52	3:21.6
4 Abbotsford Christian	105	10-17-24-54(58)(98)(110)	1:33:42	23:26	4:02.4
5 Lord Tweedsmuir	126	8-28-31-59(78)(105)(109)	1:34:37	23:40	4:30.8
6 Yale Secondary	133	11-25-36-61	1:35:24	23:51	4:24.1
7 Sardis Secondary School	138	9-18-55-56	1:36:03	24:01	4:06.3
8 Dr. Charles Best	152	12-44-46-50(53)(75)(91)	1:37:15	24:19	3:19.4
9 North Surrey Secondary	159	27-29-30-73(121)	1:37:25	24:22	3:25.7
10 Walnut Grove	161	7-38-48-68(103)(116)	1:37:31	24:23	5:28.2
11 Terry Fox	168	22-42-47-57(101)	1:38:46	24:42	2:29.6
12 Gleneagle	171	15-40-52-64(65)(107)	1:38:35	24:39	3:55.5
13 Queen Elizabeth	195	23-49-60-63(120)	1:40:53	25:14	2:51.7
14 Fleetwood Park Secondary	200	1-37-80-82(84)(86)(87)	1:38:41	24:41	7:52.8
15 Chilliwack Secondary	226	34-35-69-88(95)(99)	1:43:04	25:46	3:43.8
16 WRCA	260	39-66-74-81(90)	1:45:08	26:17	2:53.9
17 Johnston Heights	274	32-43-97-102(112)	1:46:53	26:44	5:23.2
18 Tamanawis	310	3-77-113-117(123)	1:51:11	27:48	11:58.2
19 Riverside	326	62-71-79-114	1:51:30	27:53	5:24.5
20 Port Moody	363	72-85-100-106(111)	1:53:35	28:24	3:12.7
21 R.E. Mountain	364	19-108-118-119	1:58:43	29:41	9:33.0
22 Clayton Heights	370	76-94-96-104(122)	1:53:46	28:27	2:39.6
23 Sullivan Heights	415	83-93-115-124	2:04:42	31:11	9:48.8

**INDIVIDUAL RESULTS**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. km
1 TIWANA, Jaiveer	1588	Fleetwood Park Sec	1	19:31.36	5:14.0	3:15.2
2 MACKIE, Jeremiah	1543	Earl Marriott (1)	2	20:02.84	5:22.5	3:20.5
3 DEHAAN, Jared	1482	Credo Christian Hig	-	20:17.81	5:26.5	3:23.0
4 BAKER, Tyson	2718	Tamanawis (1)	3	20:28.88	5:29.5	3:24.8
5 MCLAUGHLIN, Brendan	2903	Heritage Woods Se	4	20:42.56	5:33.1	3:27.1
6 POTASHOV, Mark	3806	Semiahmoo (1)	5	20:49.89	5:35.1	3:28.3
7 ARON, Nico	2941	Maple Ridge Secon	-	21:03.58	5:38.8	3:30.6
8 VILIO, Adam	1631	Holy Cross Second	-	21:11.35	5:40.8	3:31.9
9 MILLER, Michael	2999	Semiahmoo (2)	6	21:11.66	5:40.9	3:31.9
10 MIDGLEY, Richard	2780	Walnut Grove (1)	7	21:14.55	5:41.7	3:32.4
11 WILSON, Tyler	2940	Lord Tweedsmuir (1	8	21:25.65	5:44.7	3:34.3
12 MACDONALD, Logan	2629	Sardis Secondary S	9	21:32.89	5:46.6	3:35.5
13 HALL, Riley	1409	Abbotsford Christia	10	21:35.15	5:47.2	3:35.9
14 MANN, Amardeep	2835	Yale Secondary (1)	11	21:37.25	5:47.8	3:36.2
15 GRAHAM, Caleb	2746	Unity Christian Sch	-	21:43.01	5:49.3	3:37.2



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**Race #6**  
**MEN (Senior) • 6 Kilometers (3.73 Miles)**
**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
16 JOHNSTON, Reid	1400	Abbotsford Senior	-	21:49.34	5:51.0	3:38.2
17 MORDEN, Brendan	2862	Dr. Charles Best (1)	12	22:02.77	5:54.6	3:40.5
18 COSTANZO, Sam	1534	Earl Marriott (2)	13	22:04.45	5:55.1	3:40.7
19 QUERENGESSER, Evan	1715	Pitt Meadows	-	22:10.54	5:56.7	3:41.8
20 GIURICICH, Quinn	1538	Earl Marriott (3)	14	22:11.11	5:56.9	3:41.9
21 YANG, Ethan	1612	Gleneagle (1)	15	22:20.47	5:59.4	3:43.4
22 SMITH, Lukas	2409	St. John Brebeuf	-	22:25.87	6:00.8	3:44.3
23 HOUSE, Kaelan	2638	Surrey Christian	-	22:44.26	6:05.8	3:47.4
24 MANKE, Sam	1713	Pitt Meadows	-	22:51.93	6:07.8	3:48.7
25 POTASHOV, Hosea	3807	Semiahmoo (3)	16	22:56.73	6:09.1	3:49.5
26 BOGALE, Kirubel	1692	North Delta Second	-	23:02.22	6:10.6	3:50.4
27 FOLEY, Landon	1558	Fraser Heights	-	23:04.50	6:11.2	3:50.8
28 GRANDBERG, Mark	2605	Rick Hansen	-	23:06.57	6:11.7	3:51.1
29 VENEMA, Caleb	1425	Abbotsford Christia	17	23:09.11	6:12.4	3:51.5
30 ZHENG, Jeremy	1443	Burnsview	-	23:10.60	6:12.8	3:51.8
31 MANN, Taranpreetty	2630	Sardis Secondary S	18	23:12.12	6:13.2	3:52.0
32 ALLEN, Felix	1793	R.E. Mountain (1)	19	23:12.94	6:13.4	3:52.2
33 POTASHOV, Pavel	3808	Semiahmoo (4)	20	23:14.31	6:13.8	3:52.4
34 HAMED, Zach	2895	Heritage Woods Se	21	23:15.08	6:14.0	3:52.5
35 MILLER, Tyler	2737	Terry Fox (1)	22	23:15.91	6:14.2	3:52.7
36 IHSAN, Zain	1776	Queen Elizabeth (1)	23	23:19.76	6:15.3	3:53.3
37 WILSON, Gr. 8ed	1426	Abbotsford Christia	24	23:20.18	6:15.4	3:53.4
38 SCHMID, Reagan	2838	Yale Secondary (2)	25	23:21.84	6:15.8	3:53.6
39 REEVES, Marcus	2913	Heritage Woods Se	26	23:23.32	6:16.2	3:53.9
40 WANG, Byron	1708	North Surrey Secon	27	23:24.25	6:16.5	3:54.0
41 SCHNARE, Wyatt	2936	Lord Tweedsmuir (2)	28	23:24.96	6:16.7	3:54.2
42 SHERGILL, Manveer	1705	North Surrey Secon	29	23:34.93	6:19.3	3:55.8
43 WANG, Alan	1707	North Surrey Secon	30	23:35.30	6:19.4	3:55.9
44 MATTHEWS-KOTT, Adam	2918	Inquiry Hub	-	23:41.51	6:21.1	3:56.9
45 KWOK, Adam	2927	Lord Tweedsmuir (3)	31	23:49.10	6:23.1	3:58.2
46 RUSH, Ian	1641	Johnston Heights (1)	32	24:01.30	6:26.4	4:00.2
47 PARSONS, Eric	2912	Heritage Woods Se	33	24:04.11	6:27.2	4:00.7
48 CONSOLARO, Riccardo	1617	G.W. Graham	-	24:08.54	6:28.3	4:01.4
49 MCRAE, Kieran	1496	Chilliwack Seconda	34	24:10.90	6:29.0	4:01.8
50 DAVIES, Brandt	1492	Chilliwack Seconda	35	24:13.92	6:29.8	4:02.3
51 PRACHNAU, Travis	2837	Yale Secondary (3)	36	24:23.53	6:32.4	4:03.9
52 RAMILO, Kobie	1579	Fleetwood Park Sec	37	24:24.59	6:32.6	4:04.1
53 LIM, Daryl	2778	Walnut Grove (2)	38	24:25.06	6:32.8	4:04.2
54 DARBINIAN, David	2802	WRCA (1)	39	24:27.20	6:33.4	4:04.5
55 KIM, Tae Hyun	1604	Gleneagle (2)	40	24:29.23	6:33.9	4:04.9
56 DE HOOG, Jonas	1535	Earl Marriott (4)	41	24:32.62	6:34.8	4:05.4
57 STACK, Tyler	2740	Terry Fox (2)	42	24:36.78	6:35.9	4:06.1
58 HENDERSON, Marshall	1636	Johnston Heights (2)	43	24:43.42	6:37.7	4:07.2
59 HEATH, Elliot	2853	Dr. Charles Best (2)	44	24:46.49	6:38.5	4:07.7
60 OHTA, Tomoki	1659	Langley Christian	-	24:46.56	6:38.5	4:07.8
61 BAKER, Evan	2982	Semiahmoo (5)	(45)	25:01.31	6:42.5	4:10.2

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**Final Results**
**INDIVIDUAL RESULTS (cont'd)**

Athlete	#	Team (Team Place)	Score	Time	Avg. Mile	Avg. kM
62 ILLMAN, Joel	2855	Dr. Charles Best (3)	46	25:03.30	6:43.0	4:10.5
63 MCFARLAND, Jack	2736	Terry Fox (3)	47	25:07.02	6:44.0	4:11.2
64 WRIGHT, Evan	2799	Walnut Grove (3)	48	25:08.37	6:44.4	4:11.4
65 VILLENA, Andrew	1697	North Delta Second	-	25:13.74	6:45.8	4:12.3
66 SIDHU, Navneet	1787	Queen Elizabeth (2)	49	25:20.61	6:47.7	4:13.4
67 BAKER, Tim	2843	Dr. Charles Best (4)	50	25:22.08	6:48.1	4:13.7
68 MUECKEL, Peter	2907	Heritage Woods Se	(51)	25:22.36	6:48.1	4:13.7
69 DUME, George	1602	Gleneagle (3)	52	25:28.54	6:49.8	4:14.8
70 MONK-YOUNG, Aldyn	2861	Dr. Charles Best (5)	(53)	25:32.00	6:50.7	4:15.3
71 ONDERWATER, Logan	1419	Abbotsford Christia	54	25:37.46	6:52.2	4:16.2
72 DEACON, Sean	2622	Sardis Secondary S	55	25:38.88	6:52.6	4:16.5
73 FAWCETT, Lucas	2623	Sardis Secondary S	56	25:39.11	6:52.6	4:16.5
74 MARSH, Colton	2735	Terry Fox (4)	57	25:45.45	6:54.3	4:17.6
75 TAEKEMA, Matthew	1422	Abbotsford Christia	(58)	25:54.38	6:56.7	4:19.1
76 SCHOENIT, Justin	1660	Langley Christian	-	25:54.94	6:56.9	4:19.2
77 DANDOLO, Enrico	2662	Seaquam	-	25:55.92	6:57.1	4:19.3
78 SANGHA, Jason	2935	Lord Tweedsmuir (4	59	25:56.43	6:57.3	4:19.4
79 BOSHAART, Justin	1676	MEI Secondary	-	25:58.17	6:57.7	4:19.7
80 CHIKAMORI, Chris	1768	Queen Elizabeth (3)	60	26:00.35	6:58.3	4:20.1
81 GILROY, Russell	2833	Yale Secondary (4)	61	26:01.29	6:58.6	4:20.2
82 DE GREIFF MEVAZ, Mario	2609	Riverside (1)	62	26:04.62	6:59.5	4:20.8
83 DEJULIUS, Adam	1433	Archbishop Carney	-	26:05.81	6:59.8	4:21.0
84 BUCK, Gr. 8aser	2643	South Delta	-	26:09.99	7:00.9	4:21.7
85 GILL, Yuvraj	1774	Queen Elizabeth (4)	63	26:11.43	7:01.3	4:21.9
86 WU, Andrew Ming En	1611	Gleneagle (4)	64	26:15.89	7:02.5	4:22.6
87 DUME, Andrei	1601	Gleneagle (5)	(65)	26:21.33	7:03.9	4:23.6
88 ISAK, Elijah	2812	WRCA (2)	66	26:26.39	7:05.3	4:24.4
89 WANG, Max	3816	Semiahmoo (6)	(67)	26:36.67	7:08.1	4:26.1
90 JACOB, Evan	2774	Walnut Grove (4)	68	26:42.74	7:09.7	4:27.1
91 PAJNO, Riccardo	1498	Chilliwack Seconda	69	26:43.91	7:10.0	4:27.3
92 LISKI, Morgan	2901	Heritage Woods Se	(70)	26:44.49	7:10.2	4:27.4
93 REED, Dante	2614	Riverside (2)	71	26:45.04	7:10.3	4:27.5
94 ANG, Alair	1717	Port Moody (1)	72	26:46.19	7:10.6	4:27.7
95 SIDHU, Vikram	1706	North Surrey Secon	73	26:49.92	7:11.6	4:28.3
96 HUATUCO, Marcello	2810	WRCA (3)	74	26:52.62	7:12.3	4:28.8
97 MOZTARZADEH, Arman	2863	Dr. Charles Best (6)	(75)	26:56.38	7:13.3	4:29.4
98 ROBERTS, Liam	1472	Clayton Heights (1)	76	26:59.09	7:14.1	4:29.8
99 NABBIMBA, Blessing	2719	Tamanawis (2)	77	27:03.57	7:15.3	4:30.6
100 PEDERSON, Ryan	2932	Lord Tweedsmuir (5	(78)	27:08.64	7:16.6	4:31.4
101 HOANG, Kenny	2841	Aldergrove Commu	-	27:09.36	7:16.8	4:31.6
102 WOTHERSPOON, Owen	2618	Riverside (3)	79	27:10.69	7:17.2	4:31.8
103 GOSAL, Bhavrup	1569	Fleetwood Park Sec	80	27:20.41	7:19.8	4:33.4
104 ISAK, David	2811	WRCA (4)	81	27:21.09	7:20.0	4:33.5
105 ATHWAL, Dilsher	1559	Fleetwood Park Sec	82	27:24.14	7:20.8	4:34.0
106 MCKAY, Gr. 8aser	2681	Sullivan Heights (1)	83	27:27.21	7:21.6	4:34.5
107 OMAR, Fayad	1576	Fleetwood Park Sec	(84)	27:34.71	7:23.6	4:35.8

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108 YANG, Gerry	2297	Port Moody (2)	85	27:37.64	7:24.4	4:36.3
109 STOLZ, Alex	1585	Fleetwood Park Sec	(86)	27:47.43	7:27.0	4:37.9
110 RAZEQ, Moheb	1581	Fleetwood Park Sec	(87)	27:53.67	7:28.7	4:38.9
111 WARD, Jarid	1503	Chilliwack Seconda	88	27:54.67	7:29.0	4:39.1
112 MAGAHIS, Jeremiah	1626	Holy Cross Second	-	27:57.32	7:29.7	4:39.6
113 LEE, Andy	2993	Semiahmoo (7)	(89)	28:01.06	7:30.7	4:40.2
114 LEA, Kaden	2814	WRCA (5)	(90)	28:10.46	7:33.2	4:41.7
115 GILL, Navraj	1567	Fleetwood Park Sec	-	28:17.11	7:35.0	4:42.9
116 MAJ, Maxym	2859	Dr. Charles Best (7)	(91)	28:19.79	7:35.7	4:43.3
117 HUNTER, Joseph	2897	Heritage Woods Se	(92)	28:21.16	7:36.1	4:43.5
118 GELL, Tanadon	1508	D.W. Poppy	-	28:22.57	7:36.5	4:43.8
119 SCOTT, Declan	2684	Sullivan Heights (2)	93	28:25.73	7:37.3	4:44.3
120 RAMOS-DIAZ, Jose David	1580	Fleetwood Park Sec	-	28:28.30	7:38.0	4:44.7
121 EWEKA, Ik	1476	Cloverdale Learning	-	28:29.87	7:38.4	4:45.0
122 BAERG, Conor	1463	Clayton Heights (2)	94	28:31.18	7:38.8	4:45.2
123 NAHANEE, Michael	1497	Chilliwack Seconda	(95)	28:33.44	7:39.4	4:45.6
124 MCCAIN, Lyle	2998	Semiahmoo	-	28:34.38	7:39.6	4:45.7
125 KIM, Eddie	1470	Clayton Heights (3)	96	28:37.01	7:40.3	4:46.2
126 KOJIMA, Soya	1637	Johnston Heights (3)	97	28:43.04	7:41.9	4:47.2
127 ZHANG, Alec	1428	Abbotsford Christia	(98)	28:55.45	7:45.3	4:49.2
128 SCHULZ, Moritz	1513	D.W. Poppy	-	29:00.38	7:46.6	4:50.1
129 BENNETT, Tyson	1488	Chilliwack Seconda	(99)	29:02.39	7:47.1	4:50.4
130 BARKER, Lukas	1444	Brookwood Secon	-	29:11.32	7:49.5	4:51.9
131 KESHMIRI, Parsa	1727	Port Moody (3)	100	29:11.92	7:49.7	4:52.0
132 PLONKOWSKI, Jeremy	3805	Semiahmoo	-	29:18.57	7:51.5	4:53.1
133 DEDA, Michael	2727	Terry Fox (5)	(101)	29:20.46	7:52.0	4:53.4
134 LEI, Jason	1638	Johnston Heights (4)	102	29:24.42	7:53.0	4:54.1
135 MINGER, Will	1477	Cloverdale Learning	-	29:26.82	7:53.7	4:54.5
136 SULL, Sahib	1587	Fleetwood Park Sec	-	29:28.09	7:54.0	4:54.7
137 MARTINEZ, Daniel	2779	Walnut Grove (5)	(103)	29:28.42	7:54.1	4:54.7
138 TITUS, Ashish	1474	Clayton Heights (4)	104	29:38.69	7:56.9	4:56.4
139 CLINGAN, Desmond	2921	Lord Tweedsmuir (6)	(105)	29:39.22	7:57.0	4:56.5
140 AWASTHI, Piyush	2981	Semiahmoo	-	29:57.20	8:01.8	4:59.5
141 LEE, Ethan	1728	Port Moody (4)	106	29:58.80	8:02.3	4:59.8
142 SUN, Tony Wuyue	1610	Gleneagle (6)	(107)	29:58.84	8:02.3	4:59.8
143 PABLO, Lance	1800	R.E. Mountain (2)	108	29:59.91	8:02.5	5:00.0
144 RICHARDS, Sean	2934	Lord Tweedsmuir (7)	(109)	30:02.54	8:03.3	5:00.4
145 ELLISON, Evan	2984	Semiahmoo	-	30:04.05	8:03.7	5:00.7
146 CRAIG, Alexander	2955	Pinetree Secondary	-	30:05.89	8:04.2	5:01.0
147 WILSON, Sam	1427	Abbotsford Christia	(110)	30:06.38	8:04.3	5:01.1
148 VOZNYUK, Pete	1737	Port Moody (5)	(111)	30:23.30	8:08.8	5:03.9
149 CHOAPA, Alejandro	1563	Fleetwood Park Sec	-	30:45.26	8:14.7	5:07.5
150 LEI, Leo	1639	Johnston Heights (5)	(112)	30:51.80	8:16.5	5:08.6
151 ZHANG, Ken	2660	South Delta	-	31:09.91	8:21.3	5:11.7
152 PANAIKH, Gurshaan	2720	Tamanawis (3)	113	31:10.90	8:21.6	5:11.8
153 WANG, Jason	2617	Riverside (4)	114	31:29.10	8:26.5	5:14.8

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154 LY, Lex	2680	Sullivan Heights (3)	115	31:33.01	8:27.5	5:15.5
155 JUNG, Yihoi	2856	Dr. Charles Best	-	31:44.94	8:30.7	5:17.5
156 GR. 8OMLOGAN, Jakob	2767	Walnut Grove (6)	(116)	32:04.59	8:36.0	5:20.8
157 SINGH, Jasnoor	2724	Tamanawis (4)	117	32:27.05	8:42.0	5:24.5
158 HARTLEY, Colin	1457	Centennial Second	-	32:39.95	8:45.5	5:26.7
159 PAVLIC, Eathan	2600	R.E. Mountain (3)	118	32:43.43	8:46.4	5:27.2
160 FABIAN, Jed	1797	R.E. Mountain (4)	119	32:45.93	8:47.1	5:27.7
161 NAVARRO, Santiago	1714	Pitt Meadows	-	33:12.71	8:54.2	5:32.1
162 ROGERS, Shane	1686	MEI Secondary	-	33:12.77	8:54.3	5:32.1
163 ONYAME, Bismark	1781	Queen Elizabeth (5)	(120)	33:32.79	8:59.6	5:35.5
164 LE, Matthew	1703	North Surrey Secon	(121)	33:33.05	8:59.7	5:35.5
165 TOEWS, Jon	2658	South Delta	-	34:06.47	9:08.7	5:41.1
166 CHANICKA, Christian	1466	Clayton Heights (5)	(122)	35:16.74	9:27.5	5:52.8
167 SHARMA, Parmesh	2722	Tamanawis (5)	(123)	36:07.61	9:41.1	6:01.3
168 LA, William	1649	kwantlen park	-	36:26.88	9:46.3	6:04.5
169 LOTUN, Adam	2679	Sullivan Heights (4)	124	37:15.97	9:59.5	6:12.7
170 GHOSH, Mike	1648	kwantlen park	-	39:41.61	10:38.5	6:36.9